

VINAYAKA MISSIONS COLLEGE OF PHYSICAL EDUCATION
VINAYAKA MISSIONS RESEARCH FOUNDATION
(Deemed to be University)
SALEM

BEST PRACTICES

BEST PRACTICES: 1

Title of the Practice:

To Learn Teaching and Practical Knowledge.

Objectives of the Practice:

To provide Teaching knowledge various science such as History, Principles and Foundation of Physical Education, Anatomy, Physiology, Yoga Education, Sports Nutrition, Sports Training, Organization & Administration and Methods in Physical Education, Educational Technology and Computer Application in Physical Education, Research and Statistics in Physical Education, etc. Practical Knowledge learning in various Sports and Games, Coaching and officiating activities.

The Context:

To facilitate and support activities of the teaching method to students. It provides all sort of assistance and guidance to the teachers and students and also acts on feedback received from all the slow learner for ensuring overall improvement of quality.

The Practice:

Practice should be followed by mentor and mentee scheme. It is very useful to focus on every student by faculty.

To arrange guest lecture classes for the students to help them gain theory and practical knowledge from the experts.

Faculty conduct special classes, provide course notes for student especially the slow learners and those students who are at the verge of dropping out due to arrear subject.

Such students are given regular class test in order to improve the performance in the university exam. Further faculty members revise the though topic as per the students requisition and provide university question bank and discuss the way of presenting the answer in the exam to score marks

Faculty Assists to student learn and develop specific skills and knowledge in various games and sports. They may be selected particular game, skill, Drill, Technique & tactics and the learning method. While you will obviously choose your games that match your requirements as closely as possible, training courses, by their nature, start with your situation.

Evidence of Success:

Care is taken by faculty in monitoring the performance of slow learners. Faculty members do periodic interaction with parents about the performance of slow learners student.

Appropriately paced and timely completion of syllabus.

Student maintain attendance percentage above 75% for each semester.

Frequent assignments, tests and evaluation are conduct to improve performance in the semester – end examinations.

Problems Encountered and Resources Required:

The main problems encountered in the implementation of this practice are the development of the desirable and suitable formats for getting the feedbacks from the different level of slow learners. The different aspirations and attitudes of the different level of slow learners are some of the other drawbacks. Some of the groups required to provide feedbacks are reluctant and hesitant.

BEST PRACTICES: 2

Title of the Practice:

Athletics Project Meet by the Student Body

The Goal:

A sport is the back bone of our College. The students under the leadership of the assigned teacher plan and execute the meet. The event encourages the students to work towards a common purpose. The individual skill of student is tapped in the process of the event. The essence of fun and competitiveness is maintained.

The Context:

Through this project the student body is given hands on experience of breaking down responsibilities into smaller, manageable tasks and sees the power of teamwork at play. Technical booklets are prepared. The students make banners, invitations and decorations to help spread the word and encourage team spirit.

The Practice:

It is conducted in lines of a school athletic meet. The students organize each event with close attention to details of the rules involved in the game, preparation and construction of the track, marking of the field arena needed for each event. They prepare the schedule for the day; make sure the invitations are sent on time, individuals needed for officiating the particular events are assigned responsibilities. On the particular day the students' assigned different duties arrive well before time. Coming up with a program of games and activities that challenge different skills will help all students feel included. Team games and races encourage students to come together and work constructively

The Evidence of Success:

The event starts with welcoming the chief guest, followed by the guard of honor, pledge taking, and the guest of honor addresses the participants and spectators. Various events like opening ceremony, flag hoisting, Drill and marching will take place and it is concluded with prize distribution. The mater of ceremony will compare the entire event. The call room is responsible for preparing the athletes for competition with minimum complication. In this manner, the Project Meet is held.

Problems Encountered:

Raising funds and budgeting. Maintaining the time frame given for each event, being prepared for unforeseen major injuries, Making sure the cleaning up takes place in the assigned area after the event is over are some of the challenges faced.



Dr. C. KABA ROSARIO
Principal,
Vinayaka Mission's College of,
Physical Education,
Seeragapadi, Salem-636 308.